

FIFTH SUNDAY AFTER EPIPHANY

FEBRUARY 4, 2024



PRESIDING MINISTER
Pastor Dorothy Cottingham

DIRECTOR OF MUSIC

Tim Ditch

CANTOR Paul Gonzales

LAY ASSISTANT

Ruth Rusnak

ALTAR CARE
Ruth Cooley

Welcome to Christ the King Lutheran Church/Cristo Rey Iglesia Luterana. Whether you are worshiping in person or online, we're glad you are here! Please fill out a Connection Card and drop it in the offering plate or complete it online at www.tigardlutherans.com/connect

Sunday, February 4, 2024 • Fifth Sunday after Epiphany

In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

This worship service is being recorded and will be available on Facebook, YouTube, and the church website.

When indicated, please stand as you are able.

The assembly reads the **bold print.**

Gathering

INVOCATION

Bendita sea Dios, Creador, + Redentor, y Sabadurío Santo.

Blessed be God, Creator, \oplus Redeemer, and Holy Wisdom.

Amen.

CONFESSION AND FORGIVENESS

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

Silence is kept for reflection.

The assembly stands.
All may make the sign

presiding minister begins.

of the cross as the

Let us confess our sin in the presence of God and of one another.

Gracious God,

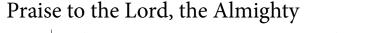
have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive us our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life through Jesus Christ, our Savior and Lord. Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of \oplus Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

Amen.

GATHERING HYMN ELW 858

Joachim Neander wrote this hymn of thanksgiving at the age of 30, in the last year of his life, which was cut short by tuberculosis. A leader in the pietist movement, he has been called the "first poet of the Reformed Church in Germany." This anonymous tune, LOBE DEN HERREN, was first found in a Stralsund, Pomerania, hymnbook of 1665. Neander adapted the tune for his words in 1680, and it has long been associated with that text, which originally began "Lobe den Herren, den mächtigen König."

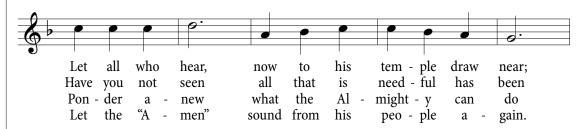


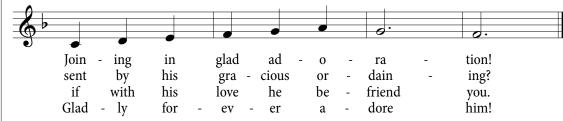


- 1. Praise to the Lord, the Al-might-y, the King of cre-a tion!
- 2. Praise to the Lord, who o'er all things is won-drous ly reign ing
- 3. Praise to the Lord, who will pros per your work and de fend you; 4. Praise to the Lord! O let all that is in me a - dore him!



your health and sal - va 0 my soul, praise him, for he is tion! and, as on wings of an ea - gle, up - lift - ing, sus - tain ing. sure - ly his good - ness and mer - cy shall dai - ly at - tend you. life and breath, come now with prais - es him.





APOSTOLIC GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

CANTICLE OF PRAISE

CANTOR: Glory to God, glory in the highest. Peace to God's people, peace on earth.



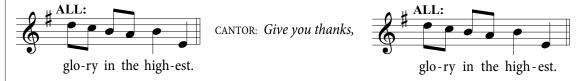
Glo-ry to God, glo-ry in the high-est. Peace to God's peo-ple, peace on earth.

CANTOR: Lord God, heavenly King, almighty God and Father.



Glo-ry to God, glo-ry in the high-est. Peace to God's peo - ple, peace on earth.

CANTOR: We worship you,

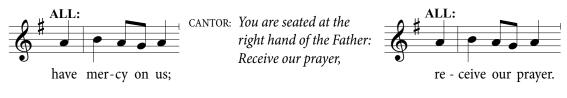


CANTOR: Praise you for your glory.



Glo-ry to God, glo-ry in the high-est. Peace to God's peo - ple, peace on earth.

CANTOR: Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, You take away the sin of the world: Have mercy on us;





Glo-ry to God, glo-ry in the high-est. Peace to God's peo - ple, peace on earth.

CANTOR: For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God, the glory of God the Father.





PRAYER OF THE DAY

Let us pray.

A brief silence is kept before the prayer.

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

Amen.

The assembly is seated.

Word

READING ISAIAH 40:21-31

A reading from the prophet Isaiah, the fortieth chapter.

The Judeans in exile have a good reason to be hopeful:
the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Word of God. Word of life.

Thanks be to God.

RESPONSORIAL PSALM

147:1-11, 20C

A reading from Psalm 147.

Praise the Lord! How good it is to sing praises to our God; for he is gracious, and a song of praise is fitting.

The Lord builds up Jerusalem; he gathers the outcasts of Israel. He heals the brokenhearted, and binds up their wounds.

He determines the number of the stars; he gives to all of them their names.

Great is our Lord, and abundant in power; his understanding is beyond measure.

The Lord lifts up the downtrodden; he casts the wicked to the ground.

Sing to the Lord with thanksgiving; make melody to our God on the lyre.

He covers the heavens with clouds, prepares rain for the earth, makes grass grow on the hills. He gives to the animals their food, and to the young ravens when they cry.

His delight is not in the strength of the horse, nor his pleasure in the speed of a runner; but the Lord takes pleasure in those who fear him, in those who hope in his steadfast love. Praise the Lord!

READING

1 CORINTHIANS 9:16-23

A reading from the first letter of Paul to the Corinthians, the ninth chapter.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Word of God. Word of life.

Thanks be to God.

The assembly stands to greet the Holy Gospel.

Paul is concerned about

the way some Corinthian

Christians use their

freedom in Christ as license to engage in non-

Christian behavior that

sets a damaging example

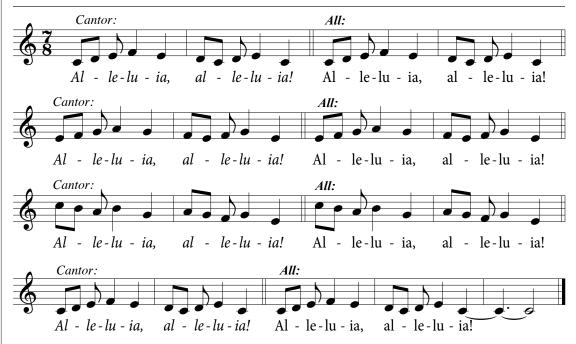
responsibility to each other

to other, impressionable believers. Christians have a

that their behavior does

not cause another to sin.

GOSPEL ACCLAMATION



Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives.

The forces that diminish human life are rendered

powerless by Jesus.

The assembly is seated.

The assembly stands.

Marty Haugen wrote this meditative song during the winter of 1985-86. During this time, his family was staying at Holden Village, a retreat center in the Cascade Mountains of Washington State. On January 28, 1986, the space shuttle Challenger crashed shortly after takeoff. According to Haugen: "In addition to the loss of seven astronauts, this crash was a symbolic loss for Americans. At Holden we had very infrequent communication with the outside world, so we did not know of the disaster for a couple of days. When we got some information, we held a service in the evening together, and "Healer of our Every III" was written as an expression for our community to grieve together.

HOLY GOSPEL MARK 1:29-39

El Santo Evangelio según Marcos, capítulo uno.

The Holy Gospel according to Mark, the first chapter.

Glory to you, O Lord. (¡Gloria a ti, oh Señor!)

As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

El Evangelio del Salvador.

The Gospel of the Savior.

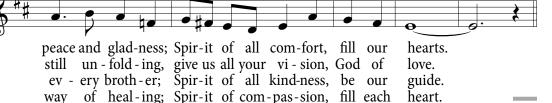
Praise to you, O Christ. (¡Alabanza a ti, oh Cristo!)

THE HOMILY PASTOR DOROTHY

HYMN OF THE DAY ELW 612







APOSTLES'CREED

With the whole church, let us confess our faith.

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again;

he ascended into heaven,

he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

The lay assistant offers the prayers. A brief silence.

As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.

Everlasting God, you bring your healing power to the church. Give your church a spirit of unity and prayer, that we discern your way for us in the world. God of grace, receive our prayer.

Creator of the ends of the earth, you make the grass grow and send rain for the soil. Bring your creation into harmony and balance. Give animals their food and provide healthy shelter for your people. Inspire us to honor the miraculous beauty of all you have made. God of grace,

receive our prayer.

God without equal, your steadfast love endures forever. Bring the leaders, elected officials, and peacekeepers of our towns and countries into understanding and unity. Guide them to serve with compassion and understanding. God of grace,

receive our prayer.

God who strengthens, you lift up with your hand any who are suffering. Heal those who are brokenhearted and strengthen the weak and all in need, especially Gaynelle, Gene and Pam, Del and Suzanne, Jean, Myrna and Jerry, Betty, Don, and Chad. God of grace, receive our prayer.

God who gives power to the faint, challenge us to share the faith stories of what God has done in our lives. Open us to receive the unique ways God is at work in your people, especially those whose perspectives challenge our own. God of grace,

receive our prayer.

For what else do the people of God pray?

Here other intercessions may be offered. God who calls each star by name, we remember all who have died. Shelter all who mourn with your mercy and care, and give us hope in your promised salvation. God of grace,

receive our prayer.

The presiding minister concludes the prayers.

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ.

Amen.

PASSING THE PEACE

La paz del Señor sea siempre con ustedes.

The peace of the Lord be with you always. **And also with you.** (*Y también contigo.*)

The assembly is seated.

WELCOME AND ANNOUNCEMENTS

Meal

PREPARE OUR TITHES AND OFFERINGS AND OUR TABLES

OFFERTORY HYMN



CANTOR Who will speak for the poor and the broken? Who will speak for the peoples oppressed? Who will speak so their voice will be heard? Oh who will speak if we don't?

ALL **Refrain**

CANTOR Who will speak for the ones who are voiceless? Who will speak in the places of power? Who will speak so their voice will be heard? Oh who will speak if we don't?

ALL **Refrain**

CANTOR Who will speak for the thousands of homeless? Who will work in the ghettos and streets? Who will speak so their voice will be heard? Oh who will speak if we don't?

ALL **Refrain (twice)**

The assembly stands.

Marty Haugen is a liturgical composer, workshop presenter, performing and recording artist, and author from Eagan, Minnesota. He has over 40 recordings and more than 400 separate printed editions available through several publishers. He has a number of published mass settings for Roman Catholic communities, including Mass of Creation, and several worship settings for Lutheran congregations, including Holden Evening Prayer and Now the Feast and Celebration, as well as a communion setting for Evangelical Lutheran Worship, Haugen wrote "Who Will Speak," a powerful song of social action, in 1993. He adapted the refrain from a homily by Monsignor Ray East, a nationally known speaker and evangelist.

OFFERING PRAYER

Let us pray.

Blessed are you, Holy One, for all good things come from you. In bread and cup you open heaven to us. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. Amen.

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

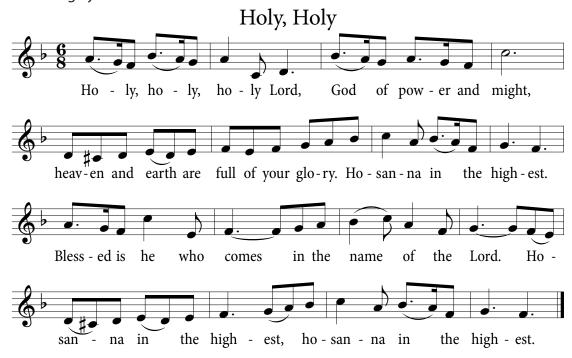
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

PROPER PREFACE

It is indeed right, our duty and our joy ... we praise your name and join their unending hymn:



EUCHARISTIC PRAYER

Holy God, you alone are holy, you alone are God.

The universe declares your praise: beyond the stars; beneath the sea; within each cell; with every breath.

We praise you, O God.

Generations bless your faithfulness: through the water; by night and day; across the wilderness; out of exile; into the future.

We bless you, O God.

We give you thanks for your dear Son: at the heart of human life; near to those who suffer; beside the sinner; among the poor; with us now.

We thank you, O God.

In the night in which he was betrayed...

Remembering his love for us on the way, at the table, and to the end, we proclaim the mystery of faith:



We pray for the gift of your Spirit ... Blessing, praise, and thanks to you, holy God, through Christ Jesus, by your Spirit, in your church, without end.



THE LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours,

now and forever. Amen.

INVITATION TO HOLY COMMUNION

All are welcome at this meal.

At Jesus' table, heaven and earth are joined as one. Come and see.

COMMUNION BLESSING

The assembly stands.

May the body and blood of our Lord and Savior, Jesus the Christ, strengthen you and keep you to life everlasting.

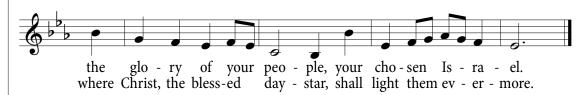
Amen.

This paraphrase of the Nunc dimittis was written by Ernest Edwin Ryden in 1924. Ryden was a distinguished Lutheran clergyman and life-long student of hymns. He was pastor of Emanuel Lutheran Church in North Grosvenordale, Connecticut. He was a member of the Committee which created the Augustana Hymnal of 1925, in which this hymn was first published. NYLAND, named for a province in Finland, is a folk melody from Kuortane, South Ostrobothnia, Finland. In fact, the tune is also known as KUORTANE.









PRAYER AFTER COMMUNION

Let us pray.

Giver of every gift, Christ's body is our food, and we are Christ's body. Raise us to life by your power for the benefit of all and to your glory, now and forever. Amen.

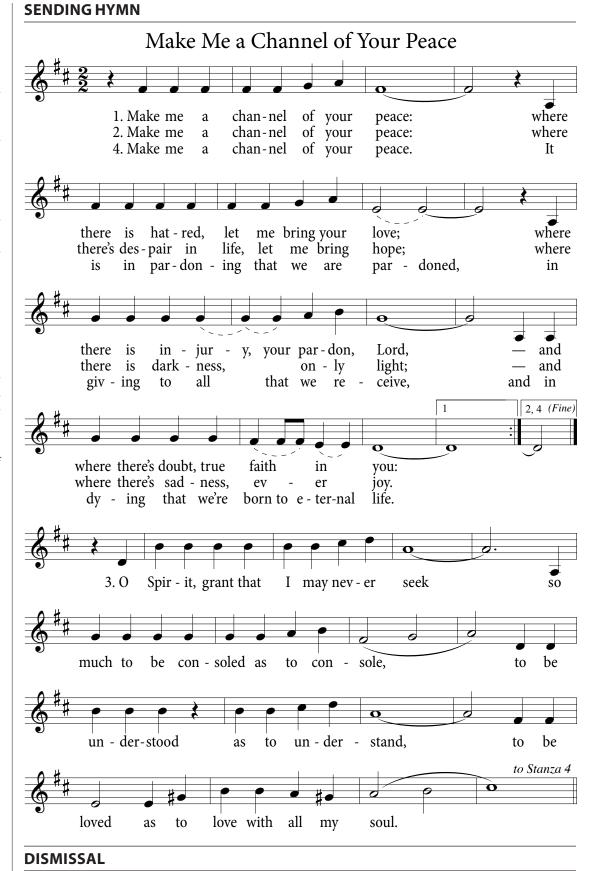
SENDING BLESSING

Dios todopoderoso, Creador, + Redentor, y Sabadurío Santo, los bendiga ahora y siempre. Amén.

Almighty God, Creator,

→ Redeemer, and Holy Wisdom, bless you now and forever. **Amen.**

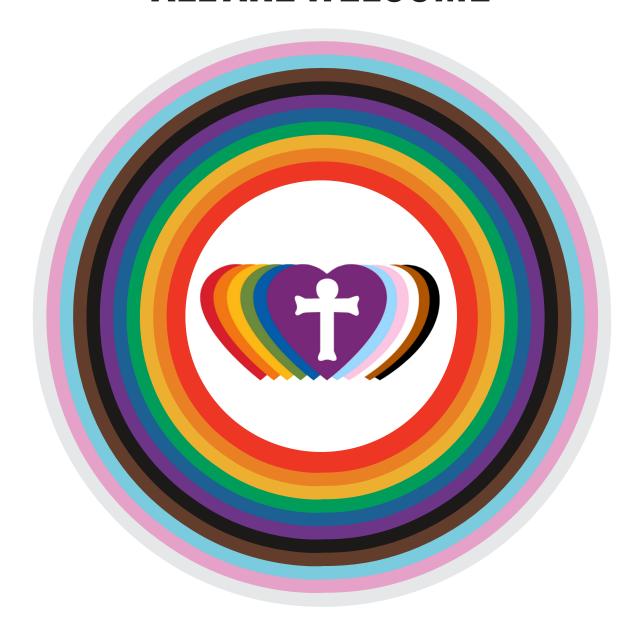
Though popular opinion credits this prayer to Francis of Assisi, these words never appear in any of his writings. It first appeared in a French religious magazine in 1912. Yet that gentle saint's spirit seems evident in these words, a quality that has spurred many paraphrases and musical settings such as this one. Composer Sebastian Temple grew up in South Africa and later moved to London, where he worked for the BBC on news broadcasts relating to South Africa. Sebastian converted to Catholicism and spent much of his time composing music for worship. Temple died in 1997, shortly after this hymn first gained worldwide recognition after its inclusion in the funeral service of Princess Diana.



In-person and online worshipers are invited to spend a few moments greeting one another on the Zoom balcony. Go in peace. Follow the way of Jesus.

Thanks be to God.

ALL ARE WELCOME



IN THIS PLACE

THE LIFE OF THE CHURCH



WEEKLY eNEWS

This is an abbreviated list of announcements. Be sure to read the weekly eNews for complete coverage of this week's news. Follow the link or QR code in the green box above to subscribe.

WORSHIP IN PERSON AND ON ZOOM SUNDAY AT 10:30 A.M.

Zoom "doors" open at 10 a.m. at the following link:

https://us02web.zoom.us/j/86517107296?pwd=aVZpWFV0b0QzbFF6ZFVPTDFsL0FZQT09

Phone-in # 1-253-215-8782

Meeting ID 865 1710 7296 Password 299944

ANNUAL MEETING

The annual meeting is Sunday, February 4, at 1 p.m. on Zoom only. Use the Sunday worship Zoom link.

SAFE PARKING PROGRAM

Christ the King/Cristo Rey has been exploring hosting a Safe Parking location. Neighborhood information meetings were held last week. Nearly 300 people squeezed into the sanctuary on Tuesday evening. That meeting was boisterous and sometimes combative, and that is not a surprise. Homelessness is a serious issue for which we are hoping to become a small part of the solution. You may have seen news reports throughout the week. They were accurate, mostly, and fairly presented. Hats off to our local broadcast media. There is much to discuss as we continue the conversation with Just Compassion, the City of Tigard, and our neighbors.

CRISTO REY

Hermanos y hermanas, ven a celebrar la misa bilingüe el segundo y el cuarto domingo de cada mes a las 5 p.m. Gracias a Dios!

Brothers and sisters, worship at bilingual mass the second and fourth Sundays of every month at 5 p.m. You don't have to speak Spanish. The service is printed in both languages.

PLANNING AHEAD

You can't spell Va*lent*ine's Day without LENT! Ash Wednesday is February 14. We will gather at noon in person only for a spoken service of confession and forgiveness, imposition of ashes, and Holy Communion.

There is a limited number of devotional booklets and Lenten daily Bible reading plans available for personal use during these six weeks of preparation for the Passion of our Lord and the joyful celebration of Christ's arising!

PRAYER REQUESTS

When you have a prayer request, there are several ways you can communicate that with us. Please call the church office (503-639-2789), send an email to **ctkoffice**@ **tigardlutherans.com**, call Pastor Dorothy's cell phone (503-849-6383), or visit **tigardlutherans.com** and click on the Communication tab.

ADULT EDUCATION

Women of the Bible continues Wednesday, February 7, 7 p.m. on Zoom. This week we meet the group of women who circled around Samson. Did you know that Delilah was not his wife? Join us!

We will begin a new series on Wednesday evenings in Lent, beginning February 21.

https://us02web.zoom.us/j/81614483579?pwd=ejdGNUhMdXJvTkdSOnc1ZGhmNllzUT09

Phone-in # 1-253-215-8782

Meeting ID **816 1448 3579** Password **683675**

GIVING

There are several ways to share your tithes and offerings:

- Place your offering in the plate on Sunday morning.
- · Mail a check to the church office.
- Use your bank's online bill-pay service.
- Set up a recurring or single payment through Vanco by visiting our website.
- Scan the QR code (right) with your mobile device to go directly to our giving page.





11305 SW Bull Mountain Road • Tigard, OR 97224 www.tigardlutherans.com

Rev. Dorothy Cottingham Pastor pastordorothy@tigardlutherans.com | 503-639-2789 ext. 102

Tim Ditch Director of Music and Parish Administrator **ctkoffice@tigardlutherans.com** | 503-639-2789 ext. 101



Welcome one another, therefore, just as Christ has welcomed you, for the glory of God. Romans 15:7

Christ the King Lutheran Church/Cristo Rey Iglesia Luterana is a community of children of God who are seeking to know God by following the teachings of Jesus Christ, who welcomed all.

This community of faith is enriched and strengthened by diversity. We welcome all to share in the life and ministries of worship, sacraments, responsibilities, leadership, and blessings of participation in this congregation. We are committed to the work of racial equity.

Believing that God's unbounded love and grace are offered to all and meant to be shared and celebrated by all, we embrace differences of age, race, ethnicity, language, gender identity and expression, sexual orientation, physical and mental abilities, appearance, economic status, marital status, and family situation.

No matter what your life experience is or has been, you are a child of God and you are welcome here.

Por lo tanto, recibios los unos a los otros, como también Cristo nos recibió, para gloria de Dios. Romanos 15:7

Christ the King Lutheran Church/Cristo Rey Iglesia Luterana es una comunidad de hijos e hijas de Dios que buscan conocer a Dios siguiendo las enseñanzas de Jesucristo, quien ampara a todos.

Esta comunidad de fe se enriquece y fortalece con la diversidad. Damos la bienvenida a todos a compartir la vida y los ministerios de adoración, sacramentos, responsabilidades, liderazgo, y bendiciones de participación en esta congregación. Estamos comprometidos con el trabajo de la equidad racial.

Creyendo que el amor y la gracia ilimitados de Dios se ofrecen a todos y están destinados a ser compartidos y celebrados por todos, aceptamos las diferencias de edad, raza, etnia, idioma, identidad y expresión de género, orientación sexual, habilidades físicas y mentales, apariencia, estado económico, estado civil, y situación familiar.

No importa cuál sea o haya sido tu experiencia de vida, eres un hijo(a) de Dios y eres bienvenido(a) aquí.



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