



# THE CROWNICLE

CHRIST THE KING LUTHERAN CHURCH



## PRAY. PRAYER. PRAYING. PRAYERFUL.

### Part One

*"Lord, teach us to pray, as John taught his disciples"  
(Luke 11:1b)*

What is this thing called prayer? Is it a verb, a noun, a state of mind? Is it all of these? The New Interpreter's Dictionary of the Bible<sup>1</sup> devotes ten and a half pages to the subject of prayer. These are dictionary pages . . . two columns of small print in a very large book. Thousands of books have been written on the subject, some academic, some devotional and some informational. Why so much attention to prayer?

Harper's Bible Dictionary defines prayer this way "the act of petitioning, praising, giving thanks or confessing to God . . ." <sup>2</sup> Both of these dictionaries go on to cite prayers in the Hebrew Bible and in the New Testament, too many to mention here. But the commonality of these prayers is this: "[Prayer] is conditioned by the biblical understanding of God as a personal being who hears the prayers of the people."<sup>3</sup>

How do we engage in prayer as individuals and as a community? Let's examine the use of prayer in worship. As we gather for worship we invoke God's presence among us when the pastor greets the assembly saying, "The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all." And the assembly responds, "and also with you." By these words we acknowledge we are in the presence of the Holy Trinity. Together we sing or say in supplication to God, "Lord have mercy, Christ have mercy, Lord have mercy." Our song of praise is a prayer to God . . . "glory to God in the highest and peace to God's people on earth".

We hear God's word proclaimed in our gathering and respond with the prayer, "The Word of the Lord. Thanks be to God". As we give our material blessings to God we offer a prayer that God will bless these fruits for the good of God's church on earth. Our collective prayers for the world and creation are raised up by the Worship Assistant in the intercessory prayers, to which the assembly responds, "hear our prayer".

That long prayer chanted and spoken by the pastor which includes the Words of Institution is known as the Eucharistic Prayer. Eucharist is from a Greek word meaning "to show that one is obligated to thank"<sup>4</sup> the giver. In this case we are obligated to thank and praise God for God's faithfulness, love and mercy, specifically for sending Jesus Christ, who gives his body and blood in the bread and wine. Together, we pray the prayer Jesus taught the disciples (see Luke 11 and Matthew 6)

Finally, we are blessed by God with the words "Almighty God, Father, Son and Holy Spirit, bless and keep you now and forever." And the people respond "Amen", it shall be so.

Whether our prayers are part of a formal liturgical setting or they are offered spontaneously, they are part of our daily, intimate conversation with a God who "listens to his (sic) children praying".<sup>5</sup> Thanks be to God. Amen!

Blessings

Pastor Dorothy

AUGUST 2016  
Volume 16 Issue 8



CTK POTLUCK  
Sunday, August 14  
Following Worship

<sup>1</sup> *The New Interpreter's Dictionary of the Bible*, Abingdon Press, Nashville, Volume 4, 2009; pages 579-589

<sup>2</sup> *Harper's Bible Dictionary*, Harper & Row Publishers, San Francisco, 1985, page 816

<sup>3</sup> *Ibid*, page 816

<sup>4</sup> *Greek-English Lexicon of the New Testament and other Early Christian Literature*, The University of Chicago Press, Chicago, 2000; page 415

<sup>5</sup> "Lord, Listen to Your Children Praying", text and music, Ken Medema, b. 1943; Hope Publishing Co. 1973.

## Living in the Word

Christ the King joins with Protestant Christians around the world by following The Revised Common Lectionary. A three-year cycle of assigned readings from Holy Scripture on which our weekly worship is based. This is year three, or Cycle C as it is known. You are invited to incorporate these readings into your daily Bible study in preparation for each Sunday's message.

### Pentecost 12 (August 7)

Genesis 15:1-6  
Psalm 33:12-22  
Hebrews 11:1-3, 8-16  
Luke 12:32-40

### Pentecost 13 (August 14)

Jeremiah 23:23-29  
Psalm 82  
Hebrews 11:29—12:2  
Luke 12:49-56

### Pentecost 14 (August 21)

Isaiah 58:9b-14  
Psalm 103:1-8  
Hebrews 12:18-29  
Luke 13:10-17

### Pentecost 15 (August 28)

Proverbs 25:6-7  
or Sirach 10:12-18  
Psalm 112  
Hebrews 13:1-8, 15-16  
Luke 14:1, 7-14

### Pentecost 16 (September 4)

Deuteronomy 30:15-20  
Psalm 1  
Philemon 1-21  
Luke 14:25-33



Beginning September 1, members and friends of Christ the King Lutheran Church are invited to pray through the Book of Psalms, one Psalm per day for 149 days (skip Psalm 119) using this ancient method of reading and praying. Use this instruction as your guide. Over time you will fall naturally into the rich spiritual rhythm and practice of Lectio Divina.

### Lectio Divina-

"Lectio Divina" is Latin for "reading divinely." It is an ancient practice of reading and praying the Bible that assumes God's Holy Spirit inspires the Scriptures and that the Holy Spirit also desires to speak to us today through the scriptures. It was developed mainly by monks, but can be used by anyone. It is not a quick spiritual practice, but one that takes time, repetition, silence, thought and listening. It can take 10 minutes or it can take two hours. It is up to you.

### The four steps of Lectio Divina

#### "Lectio"= Reading

Read the psalm slowly, out loud paying attention to punctuation and poetic phrases. Read it several times. Notice words or phrases that touch your heart or stick in your mind. Keep reading. Let the words wash over in your soul.

#### "Meditatio"= Meditation/Focus/Thinking

While you are still reading the Psalm slowly, you may notice that you are asking questions about this Psalm. What do the words mean? How do these words relate to me? What was being said here originally? Who is speaking? What happened in the writer's life? Focus and think on the words, especially any words that "jumped" out to you during the "Lectio" of the passage.

#### "Oratio"= Talking to God/Praying.

You have spent several minutes focusing on the words of the text and how it relates to you, now move on to asking God about the passage. Like Jacob (Genesis 32), you wrestle with God. Ask God, "what words are you wanting me to hear? Why? God what do you have for me?" This time of "wrestling" is filled with asking and listening; alternate between questioning and listening.

#### "Contemplatio"= Contemplation.

This is the hardest phase for most people. Seek to be quiet and let God's wisdom and love take over. Try to disengage from every thought. Do not allow yourself to think about the distractions that come into your mind, but rather let them simply dissolve. Just sit there. Let God speak to you in the silence. Don't pretend to speak for God. Just sit there and be silent. If you need something to focus on, just focus on breathing, don't think about it too much, just breathe deeply.

**That's it. There is no defined end "result" of each session. Lectio is done to spend "quality time" with God. The "result" over time is a deepened relationship with God and a dependence on upon the Holy Spirit.**

Adapted from "Basic Instructions from Pastor Corey Laughary" <http://pfc.palousechurch.org/Lectio%20Divina%20Basic%20instructions.htm>

## What's up with Christian Education?

Thank you for asking. The week following September 11 will unveil seven "Discipleship" opportunities at Christ the King. Choose one or more from the list below as the beginning of the next phase of your spiritual and discipleship journey. In addition, we are coordinating a series of community lectures to begin later in the fall. Let this be the renewal of our commitment to be disciples of Jesus Christ, living in the word and the world.

Discipleship Offerings (formerly known as Adult Education)

**Women's Gathering:** Using the materials compiled by the Evangelical Lutheran Church in America women's magazine *Gather* the women of Christ the King meet monthly to study scripture and apply it to today. Facilitated by the women of Christ the King (men are also welcome)  
First Wednesday of every month, September to May, 12:30 to 1:30pm  
Subscription to *Gather* magazine is helpful, but not required.

**Centering Prayer** is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself.  
Facilitated by Lynn Gerhard  
Begins the week of September 11, day and time to be determined  
Ongoing practice; not a series; come anytime.

**Opening the Book of Faith:** The purpose of the book of faith initiative is to increase biblical literacy and fluency for the sake of the world. The Evangelical Lutheran Church in America encourages all members of our congregations, from children to adults, to dig deeper into our book of faith, the Bible. The Book of Faith Initiative invites us to open scripture in new and surprising ways.  
Facilitated by Pastor Dorothy  
Begins week of September 11  
Five-week series; suggested donation for cost of materials, \$10

**NOOMA Video Series:** A series of short films that explore our world from Jesus' perspective. NOOMA is an invitation to search, question and join the discussions about what matters most in our lives.  
Facilitated by Roger Heinkens  
Begins Tuesday, September 13, 7pm to 8pm  
Continues for 24 weeks; sessions are stand alone, come anytime.

**Unbinding the Gospel:** This series is about "breaking the curse". It's about untying the knots that keep us from living exciting lives in the Spirit. It's about unbinding the Good News that God adores us and everyone else and that God has shown this to us through Jesus Christ. This is a book that is unabashedly about evangelism. But it's not what you think, it's about prayer and sharing our faith.  
Facilitated by Pastor Dorothy  
Begins week of September 11, day and time to be determined.  
Class size limited to 12  
Eight-week series; suggested donation for cost of materials, \$15

**Lutheran Questions, Lutheran Answers:** Introduction and refresher course about Lutheranism, especially for those seeking membership at Christ the King, this course is helpful for current members, also.  
Facilitated by Pastor Dorothy  
Begins September 18, Sunday, noon to 1pm  
Contact Pastor Dorothy to sign up for the course.

**Praying the Psalms Together:** Beginning September 1, 2016 you are invited to join members and friends of Christ the King Lutheran Church in praying the Psalms using the *lectio divina* method, one psalm per day for 149 days. Detailed description of *lectio divina* are in this edition of *The Crownicle*.

**Sacred Conversation:** A series of conversations on a variety of cultural topics. Christ the King will host guest lecturers from communities of faith and non-profit organizations beginning in the fall. Watch this space for developing information.  
Dates and times to be determined.  
Contact Pastor Dorothy with topic and lecturer suggestions.

**HAPPY AUGUST BIRTHDAYS**

- 3 JoAnn Murphy
- 4 Wayne Larson
- 5 Jane Hershberger
- 7 Greg Lof
- 10 Pastor Herb Newcomer
- 17 Mick Krieg
- 24 Judy Nesvold
- 31 Bill Peters

**HAPPY ANNIVERSARY TO:**

- 10 John Lambie & Marsi Thelin
- 18 Mick & Cindy Krieg
- 18 Martin & Carolyn Forbes
- 20 Ed & Judy Maggio
- 21 Hal & Melita Schmidt
- 25 Ernie & Louise Tucker

Please call the church office if your birthday or anniversary date is not listed or is incorrect.



**GOD'S WORK. OUR HANDS.**

Announcement from the Evangelical Lutheran Church in America:

*On Sunday, September 11, 2016 we have the opportunity to once again join with congregations of the ELCA for a Sunday of service in our community, outside the walls of the church. We can clean parks and roadways, visit the elderly and homebound or bake cookies and write thank you notes for first responders. This dedicated day of service celebrates the work we do every day and gives us the*

*opportunity to share God's love with all people. This year, God's Work. Our Hands. Sunday coincides with the 15-year anniversary of the terrorist attacks on the United States in 2011.*

Watch for announcements about how Christ the King might be involved in this churchwide day of service.

**Middle School & High School Students Exploring World Religions**

Our youth explored a variety of religions this summer. We visited the Baha'i Center of Beaverton, the Muslim Education Trust Center in Beaverton and Congregation Neveh Shalom Synagogue in SW Portland. Ask the young people about their experience.

**Support Lutheran Community Services**

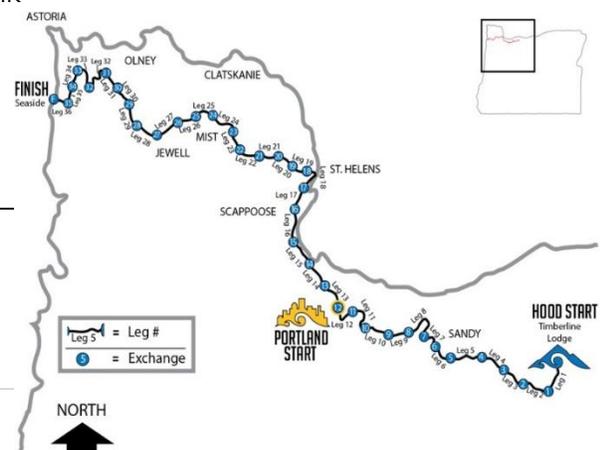
You can support Lutheran Community Services in two ways this year. One is a bit unusual, the other includes a free lunch.

Pastor Dorothy and her husband Carl are participating in the annual Portland to Coast Relay Walk August 26-27, 2016. They compete on a team of 12 walkers sponsored by St. James Lutheran, Portland – Carl's home church. The walkers take turns walking 3-7 mile stretches of the 129-mile, 30-hour course from downtown Portland to Seaside. Pastor Dorothy is

assigned to walk about 11 miles, total. Will you pledge to sponsor a mile or 10 or the whole 129? Your donations benefit Lutheran Community Services through the walking team "Lutheran Ligaments". There is a map of the route (see below) and a pledge sheet in the church entryway, or talk to Pastor Dorothy.

The second opportunity to support LCS is by attending the annual LCS luncheon. Pastor Dorothy is hosting a table and you are invited to join her. The luncheon is at the Marriott Hotel on the Portland waterfront on October 9. Gathering is at 12:30pm, lunch is and program begin at 1:30pm. You may receive an invitation from LCS, please respond. If you do not receive an invitation and would like to attend, please see Pastor Dorothy as soon as possible.

**Portland to Coast (Hood to Coast) Course Map**



The **Endowment Committee** is honored to award six of our youth a five hundred dollar scholarship toward their college Education.

We are so pleased and proud that we are able to support their educational and professional endeavors. Among our scholars we have a biochemist, and ultra sound technician, an accountant economist, a chemical engineer, mechanical engineer and a biophysics. Wow! How wonderful! We wish each of them the very best! We have been blessed to share in their lives and will continue to support each of them with our love and prayers! God's blessing and guidance.

**Justin Livengood**  
Pacific Lutheran University

**Rachel Doss**  
Portland Community College

**Corey Fusick**  
Gonzaga University

**Sam Fusick**  
Oregon State University

**Glenn Hershberger**  
Oregon State University

**Scott Hershberger**  
Oregon State University

We are pleased to announce the graduation of **Lauren Livengood** from Pacific Lutheran University. Lauren graduated with a Bachelor of Science in Nursing. She is working on the Medical surgical floor at Providence St. Vincent Medical Center, Portland, and within a year hopes to get her Medical Surgery certification. Eventually she hopes to work in ICU.

**Congratulations Lauren!!**

**PRESCHOOL THANK YOU NOTE**

Dear Cathy, Heidi and Team & CTK Lutheran Church, We want to take a moment to express our appreciation for your generous donation to the Northwest Regional Education grant fund from the proceeds of your quilting fundraiser. The money is going to be used by the Early Intervention Advisory Council to support parent trainings. We offer babysitting at these trainings, which the funds will help support, so that families with young children can attend trainings to learn about topics important to their children's needs such as social communication, developing routines, kindergarten transition, potty training and more. Again, we express appreciation for your generous donation. We look forward to continuing to work with your team in the future.  
Best,  
Rosa, Tracy & Jessica  
NW Regional ESD Foundation



**AUGUST POTLUCK**

Plan on staying for the August Fellowship Potluck after the church service on Sunday, August 14<sup>th</sup>. If you are able, please bring a favorite dish to share. It is always a blessing to fellowship with family and friends around the table. Hope to see you there!!

**ADDRESS CHANGES**

Tom & JoAnn Murphy  
2734 Rustic Crooked Cir.  
Valparaiso, IN 46385-7986

Nora Lowery  
9 Settlers Lane  
Williamsburg, VA 23188-2917

Mark Durbetaki  
2407 SE 34<sup>th</sup> Ave  
Portland, OR 97214-5719



## SummerTime

Z S X Y T E A X L V Y T L C W  
 W P T E A R X A A S H A W L X  
 O O L L V I A C V G F G U F P  
 L R S W I M A V G I A R D I B  
 A T N B R T Q C E N X M H N Q  
 Z S Q G I R F I J L E C E E V  
 D D U O S E Y P C S I G J S K  
 F B N K U M I T M N C J S C W  
 J T N J Z M M N C A C Z V J A  
 W R P R F U Q I I K C Y C F T  
 N G E D I S P B B F E U R P E  
 J O B L Y Z V N I C S P S X R  
 J P F L G W U Q P A M D O R J  
 Z I N S P R X Y B N H R A N M

**Word List**

summer vacation water swim travel  
 picnic camp sports games



## Sunday School begins for Preschool through 6<sup>th</sup> Grade on Sunday, Sept. 18th



### LIBRARY NEWS

Thanks to all who have donated books to our library!

Our **Devotion and Meditation** shelves contain a wide assortment of inspirational books for all, including some special devotional books aimed specifically for parents, teachers, kids, grandparents, nurses, men, and families.

If you need help with prayer, below are two of many books that might interest you.

**Lectio Divina: Renewing the Ancient Practice of Praying The Scriptures** by Pennington M. Basil teaches the ancient Christian practice of praying the scriptures. We pay attention to "the love letters from the Lord." First we read (lectio), then reflect, (meditate), then respond (prayer), and last we rest (contemplate) on the word.

**Praying With Saint Teresa** by Battistina Capalbo is a collection of prayers of St. Teresa of Avila. This humble woman defined prayer as simply "friendship with God", and she found it as normal to commune with God while

washing pots as while participating in liturgies.

If you are a fan of **Historical Fiction**, try one of these books.

**All The Light We Cannot See** by Anthony Doerr is a personal favorite of mine. It was voted the most popular book of 2014 and is a New York Times bestseller. This story takes place in the time period of World War II. It is a beautifully written novel about a blind French girl and a brilliant Orphan German boy who is pulled into a brutal military academy under Hitler. The story has many themes, but one of the underlining themes is how against all odds, people try to be good to one another.

**Seven Days to the Sea: An Epic Novel of the Exodus** by **Rebecca Kohn** is an epic retelling of the "Exodus" narrated by Miryam, the sister of Moses, and her sister-in-law Tziporah. This historical fiction looks at Moses through the eyes of two strong women and takes the reader from the humble beginnings of Moses as a baby to his parting of the Red Sea. It is a story of passion in the face of sacrifice. Some say this book is a good follow up to **The Red Tent** by Anita Diamant.

### CROWNICLE GOING ONLINE

Starting with the September Crownicle we will be sending the newsletter out by email. If we don't have an email address for you we will send it by mail. If you receive a Crownicle by mail and you have an email address, please email us so that we can save on postage. If you prefer to get it mailed to you, please contact the church office. There will be paper copies of the Crownicle available to pick up at the church.

[ctkoffice@tigardlutherans.com](mailto:ctkoffice@tigardlutherans.com).

### NOTICE OF DEATH

CTK member, Betty Crofoot, passed away April 26, 2016. No service was held, at her request. May she rest in peace and light perpetual shine upon her.



The Prayer Shawl Ministry is looking for more help with knitting or crocheting the shawls. If you could help, there are directions on line, just pick your own pattern, or come by the church office to pick up a pattern. They can be any pattern or color you like. If you have questions, talk to Marge Papke or call her at 503-590-2705.

### THANK YOU NOTE

I would like to thank Pastor Dorothy for her visits, phone calls and prayers while I was in the hospital and then when I returned home. It was truly appreciated and touched me so much. I also have been very appreciative to everyone from the congregation who called, sent cards and prayers for my recovery. It is so wonderful to have such loving people around me. Thank you to everyone!! Sincerely,  
Pam Boschee



AUGUST 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 6 pm Spiritual Growth Group	<b>2</b> 7-9 pm Vineyard Bible Study	<b>3</b> 6:30-9 pm Vineyard Youth	<b>4</b>	<b>5</b> Pastor Dorothy Off  2-7:30 pm Red Cross Blood Drive	<b>6</b>
Preschool Camp 9 am – 12:30 pm						
<b>7</b> 9 am Vineyard Worship  <b>10:30 CTK Worship</b>	<b>8</b> 6pm Spiritual Growth Group 7 pm Council	<b>9</b> 7-9 pm Vineyard Bible Study	<b>10</b> 6:30-9 pm Vineyard Youth	<b>11</b>	<b>12</b> Pastor Dorothy Off Vineyard Ministry Event	<b>13</b> 7-11 am Vineyard Men's Breakfast Vineyard Event
<b>14</b> 9am Vineyard Worship  <b>10:30 CTK Worship</b> CTK Potluck	<b>15</b> 6pm Spiritual Growth Group	<b>16</b> 7-9 pm Vineyard Bible Study	<b>17</b> 6:30-9 pm Vineyard Youth	<b>18</b> Good Neighbor Center Back to School Night	<b>19</b> Pastor Dorothy Off  2-7:30 pm Red Cross Blood Drive	<b>20</b>
<b>21</b> 9am Vineyard Worship  <b>10:30 CTK Worship</b>  11:45 am Preschool Board Meeting	<b>22</b> 6 pm Spiritual Growth Group	<b>23</b> 7-9 pm Vineyard Bible Study	<b>24</b> 6:30-9 pm Vineyard Youth	<b>25</b>	<b>26</b> Pastor Dorothy Off  2-7:30 pm Red Cross Blood Drive	<b>27</b>
Pastor Dorothy Vacation August 22 - 28						
<b>28</b> 9am Vineyard Worship  <b>10:30 CTK Worship</b> Crownicle Deadline	<b>29</b> 9-noon Preschool Camp  6 pm Spiritual Growth Group	<b>30</b> 9-noon Preschool Camp  7-9 pm Vineyard Bible Study	<b>31</b> 9-noon Preschool Camp  6:30-9 pm Vineyard Youth			

**CTK OFFICE HOURS**  
 MONDAY-FRIDAY  
 8:30 AM TO 12:30 PM  
  
**SEPTEMBER NEWSLETTER**  
 DEADLINE: SUN., AUGUST 21



CHRIST THE KING LUTHERAN CHURCH  
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TIGARD, OR 97224

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RETURN SERVICE REQUESTED

**Church Staff**

Dorothy Cottingham, Pastor  
Craig Jones, Music Director  
Linda Wesolowski, Business Administrator  
Cathy McLean, CTK Preschool Director

**Sunday Services**

10:30 am Worship  
Nursery Provided

Phone 503.639.2789

Fax 503.620.2583

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**AUGUST 2016**